

I (Kathy Brackett) am not a physician, psychotherapist or psychologist. My services other than RN are not licensed. I will not function as a nurse in this setting, although I maintain my nursing license and knowledge. I do not diagnose/treat medical or mental health conditions or illness, or make recommendations involving pharmaceutical drugs or surgery. If you have a disorder that has been diagnosed by a licensed medical or mental health professional or a condition that should be evaluated by a licensed health professional, my services should be used only in conjunction as complimentary with your obtaining that care. Eden Method, Reiki and Emotion Code attempts to optimize the body's overall health and vitality, but is not to be used instead of appropriate care from a licensed professional. I also do not claim that my services will cure or heal anyone.

Although I will use my knowledge of Eden Method when doing phone/zoom sessions, they did not train me in phone/zoom work.

All the information on my website is for educational purposes and not medical advice.

In working over the phone or Zoom discussing your current or past difficulties might evoke disquieting emotions or memories. You, as the client are responsible for any risks associated with these conversations and self-help methods you may do.

Sometimes freeing up blocked energies in the body may cause mild reactions like nausea or headaches. They may indicate that your energies are moving freely and there is a change. If this happens, it is a short time. It's also possible that a cold or flu was incubating and may appear as cause and effect when it was actually coincidence.

All viewers of this website assume their own risks in using it's information and hold Energy Connections with Kathy / Kathy Brackett harmless to any liability.